

# Bishop's Stortford Breathe Easy Group (BSBEG)



**Where:** Meets at East Herts Council Offices, Rooms A+B, Charrington's House, Bishop's Stortford.



**When:** Thursday's 2 – 4pm

**Who is it for?** For anyone who is living with a lung condition and would like to meet and support each other

**What happens?** A health talk, refreshments and a health professional attends to provide support

**Contact:**

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**Future Meetings:** Thursday 23<sup>rd</sup> June, Thursday 21<sup>st</sup> July, Thursday 18<sup>th</sup> August, Thursday 15<sup>th</sup> September, Thursday 20<sup>th</sup> October, Thursday 17<sup>th</sup> November and Thursday 15<sup>th</sup> December